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COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 34 - No. 50

The Journal - Coleman, Alberta

Wed., October 2, 1968

single copy 10c

Leslie Owen
DRY GOODS
Ladies' and Men's
Wear

Across from Central School

Fire Prevention Week - October 6 to 12th

\$2,000,000 Coal Cleaning Plant

Construction underway — Workmen have this week begun pouring the footings for the new \$2 million coal cleaning plant being built by Coleman Collieries Limited on company property at Coleman. The new unit will replace the International and McGillivray plants now being used to clean the coal. The plant, engineered by Allen and Garcia Company will be

one of the most modern units in all of western Canada. Announcement to build the plant was disclosed by the Collieries last spring when negotiations were completed to provide 15 million tons of coking coal to Japanese steel firms over a 15 year period. The tipple is expected to be completed and in operation by March 31, 1969.

Knights of Columbus To Sponsor Award

A Lou G. Huntley Memorial Award will be sponsored by St. Joseph the Worker Council Knights of Columbus for students of the Isabelle Sellon High School in Blairmore and the Horace Allen High School in Coleman.

The two awards will be \$25 each and will be awarded for achievement in commercial or business courses. The award is being sponsored in memory of the late Mr. Huntley, who passed away in Victoria, B. C., earlier this month.

Mr. Huntley was the first secretary-treasurer of the Crowns Nest Pass Consolidated School District, and was a fourth degree member and Faithful Navigator of the Knights of Columbus. He was a charter member of St. Joseph the Worker Council.

A committee comprising Knights

John Lloyd and Eric Price will arrange for the scholarship.

Plans were discussed for installation ceremonies and a social evening for members and their wives to be held in the Coleman Catholic hall either on October 19th or November 2nd.

Matter of making a grant towards the Crowns Nest Pass swimming pool fund was left in abeyance until more particulars are received.

The next meeting will be held on October 20th.

Mrs. Mary Kwasny Retires

Thirty years of serving the public came to an end here on September 28th when Mrs. Mary Kwasny closed the doors of Kwasny's Ladies Wear.

Mrs. Kwasny, 83 years of age, came to Canada from Poland in 1912, and the family lived at Bankhead, Alberta until 1923 when the family moved to Coleman.

The business was started in 1938 and has continued successfully until the present time when Mrs. Kwasny decided to retire. She plans to live in Coleman for the present.

Mrs. Kwasny has two sons Jack of Trail, B.C. and Duke of Lethbridge and one daughter Mrs. Mary Pollock of Trail and six grandchildren. Her husband Joseph Kwasny, passed away here in 1964 at the age of 80 years.

Rebekah Lodge Whist Drive

Victoria Rebekah Lodge No. 7 held a successful Whist Drive in the I.O.O.F. hall on Saturday, Sept. 28.

Prize winners were: Ladies first Mrs. Helen Hill, second Mrs. A. Phillips and consolation Mrs. D. Mills. Gents first Mrs. P. Sullivan, second Mr. A. A. Hereford and consolation Mr. F. Krish.

After whist a lovely lunch was served by the ladies of the lodge.

Even though fire lookout towers and aircraft are used widely to discover forest fires in Canada, the most important means of fire detection is still the general public.

On The Educational Scene (ARTICLE 1)

This is the first of five articles that will discuss the various aspects of the educational program offered in the Crowns Nest Pass schools. The articles are written to acquaint you, the citizens of the Crowns Nest Pass, with the present school program and the one planned for the future with the addition of the new high school.

Should you desire further information about any of the topics presented in these articles, please contact the School Board office in Blairmore, phone 562-2588.

Present Program and Facilities:

We are operating four elementary schools and two junior-senior high schools with a total staff of 80 teachers and 1545 students.

M. D. McEachern Elementary, 12 rooms. Blairmore Elementary, 10 rooms. Cameron Elementary, 5 rooms. Central Elementary, 8 rooms. Horace Allen High School, 12 rooms. Isabelle Sellon High School, 19 rooms—Total classrooms 66.

There are 14 teachers working in the junior-senior high schools who do not have home classrooms. These include industrial arts teachers, home economics teachers, physical education teachers, vice-principals and principals.

The two high schools are offering a complete academic program to prepare students for the high school diploma and senior matriculation and they are using the available staff and facilities to a maximum. The facilities for the non-academic student are seriously lacking in both our present high schools. All available classroom space is being used and at the Isabelle Sellon High School, other rooms that were not intended as classrooms have been pressed into service to accommodate the growing student enrolment.

It will be necessary to have four grade seven classrooms at the Isabelle Sellon Junior-Senior High School next September since there are four grade six rooms at the M. D. McEachern School this September. Additional space will be required at both of the high schools within the next two years.

Our elementary schools have a new program in operation this year in two schools with the formation of two special education classes. These classes have been set up to serve a very acute need in the school system and will provide learning experiences suited to the individual needs of the students.

Pupils in the classes will receive instruction in the basic school subjects and will progress at their own speed and not be expected to complete a regular year of classroom work since they are working in a non-graded program. A student will be able to move back into the regular classroom grade structure for grade seven or for the elementary grades if achievement warrants it.

Elementary classroom space is being used to capacity in our schools and with the changes in the elementary curriculum in the last ten years, three of our four elementary schools are not able to meet the required standard of a modern elementary school facility.

The School Board is faced with the problem of providing adequate classroom space and keeping our schools operating following a modern curriculum in an obsolete building. Both Coleman and Blairmore desperately need new elementary school accommodation.

The situation is serious and the School Board has been studying and planning a wise solution during the past two years.

Future Program and Facilities

In February, 1967, the Crowns Nest Pass School Division No. 63 was formed and the proposal at that time was to plan and build a new centralized high school for the students of the area. This plan was the most sensible course of action since one high school could provide a more comprehensive high school program and thus give the students an opportunity to gain an education in other patterns rather than just a straight academic program.

Headstart Program Teachers Named

The Headstart Program, a project of the Crowns Nest Pass Preventive Social Service Bureau, under the supervision of the Headstart Board will begin September 30.

The supervisors who will be in charge of the classes in the Pass towns are Mrs. Betty Szymmek and Mrs. Pauline Zmasek at Coleman; Mrs. Shirley Gregory and Mrs. Shelia Shannon at Blairmore; Mrs. Lucille McConnell at Bellevue and substitute supervisors are Mrs. Audrey Painter of Frank and Mrs. F. Trehearn of Blairmore. Additional music instructors will be Mrs. C. Dunnford and Mrs. Connie Michalski of Coleman, and Mrs. A. Longworth of Blairmore, and Inger Landworth of Frank.

The classes in Coleman will be held in the Italian hall from 9 to 11 a.m. and from 1:30 to 3:30 p.m. and each class here will have 13 pupils.

Bellevue will only have a morning class in the Municipal building club room to handle the 15 pupils, while at Blairmore morn-

ing and afternoon classes of 11 pupils each will be held in the former kindergarten building. Mrs. Berta Brazzoni, over-all superintendent of the supervisors and program, stated much hard work has been devoted in the training of the supervisors and preparing a program that will keep the pupils occupied along correct lines, to prepare for grade one. They will have companionship and suitable environment, and the supervisors will give them intelligent and sympathetic direction.

The board, including chairman Tina Caton of Blairmore, Joy Girardi of Coleman, and Beverly Lovell and Bert Brazzoni of Bellevue, advised that parents wishing to still register their children may do so by phoning Mrs. Brazzoni at 564-4671 or the Preventive Social Services office at 564-4931.

Building one new centralized high school for the area would solve the elementary school accommodation problem.

The work began on this project and a brief was submitted to the Department of Education to substantiate the need for the school. The Statement of Need was recognized by the government and the School Board began a study of all available building sites.

The Oldman River Planning Commission was involved in this study of sites and after a period of ten months of careful consideration, the site for the school was chosen. The School Board in making this decision, followed the advice given by the Oldman River Regional Planning Commission by taking into account the following factors:

- 1—Cost of land.
- 2—Cost of site preparation for building.
- 3—Cost of servicing the site.
- 4—Cost of transporting students.
- 5—Topography.
- 6—Attractiveness of the site.
- 7—Relationship of the site to existing communication routes.
- 8—Relationship of the site to the proposed new highway.
- 9—Relationship of the site to existing development and population distribution.
- 10—Relationship of the site to future development and population.

At the time the Oldman River Regional Planning Commission was first requested to make a study of the school sites, they asked the School Board to postpone the choice of a school site until the end of 1967, when it was expected that the survey part of the Sub-Regional Plan would be complete. The School Board did not make their choice of site until January, 1968.

To new high school is being planned to accommodate a maximum of 600 students and the next article will be devoted to a description of the new centralized high school for this area.

Coleman Junior Forest Wardens Resume Meetings

After an active summer the Coleman Junior Forest Wardens have resumed their meetings every Tuesday evening from 7 to 9 p.m. in the Lions Youth Hall. Any boy from the ages of 10 to 16 may join. Deadline for new members is October 15.

A number of boys took advantage of the new Southern Alberta Area Camp located at Lynx Creek. There were three boys camps held during the weeks of July 6 to 13, July 21-28, July 28 to August 3. Both Tim Jublin and Larry Longworth of the Coleman club were supervisors for those camps. Larry Nelson of Coleman was camp coordinator.

Nine boys spent 10 days at the

Jarvis Lake Provincial Camp at Hinton. The boys taking part were Cameron Belleisle, Terry Kryczka, Robert Dikin, Ward Krywek, Richard Chabillon (Blairmore), Jim Duncan, Terry Aris (Blairmore), Tim Jublin and Walter Sekella. These boys were picked according to their behaviour in the club and the marks they achieved on their exams during the past year. Gary Nelson, a councillor for the club was employed at the same camp as chief assistant or senior supervisor for the full two months.

Edward Proc was one of five boys picked from the province to represent Alberta in a tour of Alberta and B.C. He spent two weeks touring the two provinces, visiting various fish hatcheries and various industries. A few days were also spent at the Evans Lake B.C. Provincial J.F.W. Camp as well as at the Jarvis Lake Provincial J.F.W. Camp at Hinton.

Week-end camp was held during the middle of August at the Rock-Lake sub-provincial camp of the B.C. Junior Forest Wardens. The boys spent two days swimming at the Lake as well as at Wawa. They also visited Fort Steele and the Kootenay Trout Hatchery.

The boys taking part were Domenico Dipicci, Ricky Skrzyzala, Terry Kryczka, Henry Proc, Gerald Occepolone, Robert Aiello, Jim Duncan, Gary Tarte, Walter Sekella, Peter Kinneer and Peter Oswald. Pincher Creek, Lethbridge and Kimberley also had boys at the camp. Supervisors from Coleman were John Dean, Doug Uscicki and Larry Nelson. Orazio Celli and Dante Fil-a supplied transportation for a number of the boys.

As a money raising project the Junior Forest Wardens and Girl Guards have obtained permission to use a vacant building located across from the Coleman Drug Store as a bottle depot. Any persons wishing to donate bottles to the Junior Forest Wardens and Girl Guards are asked to take them to the Coleman Drug Store during store hours. Mr. Burrows will direct you to the depot across the street and provide you with the key. Proceeds from this depot will go towards camping trips, parties and equipment for the clubs.

Further information concerning Junior Forest Wardens may be obtained by phoning Larry Nelson at 563-3689.

Holyk Returned As Mayor

Mayor John Holyk was returned to office by acclamation on nomination day Wednesday Sept. 18. Two seats on council will be contested by incumbent Victor Krywyk, Joseph Wawroscan, Earl Krywyk, Peter Walker and Joseph Brown. Retiring councillor is Jack Jenkins.

The town will also hold a poll on Sunday Sport and Fluoridation of the town water supply.

National Children's Poster Contest

(For Fire Prevention Week, October 6 to 12, 1968)

Kids 12 years and under—this is for you!

Picture a way to prevent fires in your home; put your idea onto a poster. That's all you need to enter the National Fire Prevention Poster Contest, sponsored by the national fire prevention campaign committee. Nothing is required except a keen mind for ideas, knowing a little about fire prevention, and sending in your entry.

The best national posters—judged by leading Canadian artists—can win one of three handsomely inscribed watches and a framed certificate. There will be certificates, too, for the 10 honorable mention winners.

Just send your entries to P. O. Box 200, Terminal A, Toronto 1, Ont., no later than midnight Oct. 12th. Be sure to include your name, address, age, school and grade. All entries are non-returnable.

Mrs. Jenkins Laid To Rest

St. Pauls United Church was filled to capacity Sept. 26 when many friends and relatives of the late Mrs. George (Phyllis) Jenkins gathered to attend the services conducted by Minister Peter Walker. Attending were the Order of the Eastern Star and OORP lodge. Interment was made in the Coleman Union Cemetery. Pall bearers were Messrs C. Coover, P. McLeod, J. Park, J. Montalbetti, W. Kinneer and Sonny Richards. Hymns sung were "Just As I Am" and "Abide With Me."

Mrs. Jenkins died in a car accident north of Calgary on Highway 2 Sept. 21. Two other persons Dorothy Victoria Talbot and David W. Jessey both of Calgary perished in the same mishap that also injured five other persons. Reports indicate the two cars collided on the highway, made treacherous by rain and snow and a half ton truck crashed into the wreckage a short time later.

Mrs. Jenkins 57 was born in Bellevue and resided in Coleman all her life. She was active in OES, OORP and United Church affairs. She was manager of Eaton's Mail Order Office in Blairmore for several years.

Surviving are her husband George (Shorty), a daughter Mrs. R. (Doreen) Collings of Coleman, a son George R. of Calgary four grandchildren and a brother Richard and Shone of Coleman.

Relatives and friends attending the funeral from out of town were from Vancouver B.C., Edmonton, Lethbridge, Calgary, Medicine Hat, Fernie and Burnaby, B.C.

Card of Thanks

We wish to express our heartfelt thanks and appreciation to Mr. Peter Walker of St. Paul's United Church, the ladies of the United Church, the Order of the Eastern Star, the Ladies of the Royal Purple, Mr. E. Fantin and all those who helped in any way during our recent and bereavement in the loss of my beloved wife and our mother, also a very special thanks to those who visited me while I was a patient in the Calgary General Hospital.

Mr. George Jenkins, George, Junior, Ron and Doreen and family.

Wedding Announcement

Mr. and Mrs. Edwin Stonehouse wish to announce the recent marriage of their youngest daughter, Edwina Ruth, to Mr. Terry T. Kinsgave. The young couple will make their home in Calgary.

Charcoal is made by burning wood slowly while restricting the flow of oxygen to it.

PROCLAMATION

Pursuant to the powers granted Council under Section 237 (1) of the New Municipal Government Act, the Council at their regular meeting held on September 10th, did proclaim that

Tuesday, October 15

BE DECLARED

A Civic Holiday

FOR THE TOWN OF COLEMAN

Signed this 11th day of September, 1968.

JOHN HOLYK,
Mayor.

Town of Coleman NOTICE

IN THE MATTER OF A POLL which is to be held in conjunction with our Fall Election on October 16th, 1968, the citizens of the Town of Coleman are asked to vote on the following issues:

- Are you in favor of having the Town Water Supply Flouridated.
- Are you in favor of having an Admission Charge for Sunday Sports.

**COLEMAN ELKS
CASH, HAM & TURKEY**

BINGO

IN THE

Elks' Hall, Coleman

ON

Fri., Oct. 4th

AT 8 p. m. SHARP

Admission - 16 Games - \$1.00

BONUS CARDS 25c

PRIZES

\$110.00 Jackpot in 57 Numbers
or less. If not won to up \$10.00 each Bingo Night

\$10.00 Extra Card Bingo

Winner to receive \$2.00 extra for each extra card he holds

\$50.00 Cash Bingo to Go

\$50.00 Cash Bingo in 57 Nos.

If not won in 57 Nos. prize money will decrease \$5.00 each extra call until won.

6 HAMS and 6 TURKEYS

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ON YOUR CAR OR TRUCK;
Free Estimates Given

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In our old location on Second Street, north of Elks Hall

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Smith-Holyk Wedding

St. Paul's United Church was the setting when Judith Leone, only daughter of Mayor and Mrs. John Holyk of Coleman, became the bride of Allan McNab Smith, son of Mr. and Mrs. W. A. Smith of Calgary.

Minister Peter Walker officiated at the evening candle-light ceremony. Organist for the prelude music and the Wedding March was Mrs. Emily Owen, who accompanied soloist Miss Linda Skrzyala, both of Coleman.

Miss Skrzyala sang "O Perfect Love" during the signing of the register.

To augment the candlelight, the church was tastefully decorated with bouquets of pink and white gladioli and the pews were marked with white satin bows.

The bride, given in marriage by her father, wore a long-sleeved gown of matelasse with fitted bodice skimming into a floor-length flare. The back of the gown flared into a chapel train. Crystals edged the high neck line. A matching crystal and pearl crown held her shoulder-length veil of illusion net in place and her cascade bouquet comprised fern and tropicana roses and rosebuds.

Mrs. Bernice Bragg of Frank, was the matron of honor. The bridesmaids were Miss Miriam Elin Bradley of Blairmore and Mrs. Judith Hewitt of Calgary.

All wore floor-length gowns of Nile green peau d'elegance trimmed with matching matelasse. The style was the same as the bride's, featuring the flared back. Their matching headpieces were made by the bride's aunt, Mrs. Mary Hewitt of Edmonton. All three carried cascade bouquets of yellow mums.

Best man was Mr. Allan Traunweiser of Port Washington, North Pender Island, B. C. The ushers were Mr. Larry Kitt of Simon Fraser University, Burnaby, B.C., Mr. Robert Lees of Edmonton and Mr. Kinley Smith of Calgary.

A reception and dance was held at the Turtle Mountain Hotel at Frank, where Allan Traunweiser officiated as master of ceremonies. Honor of proposing the toast to the bride was given to the bride's uncle Mr. William Holyk of Los Angeles, Calif., and was responded to by the groom. Toast to the matron of honor and bridesmaids was given by the groom and responded to by Mr. Larry Kitt.

The large three-tiered wedding cake placed in front of the bride and groom was decorated with white roses and green leaves and was topped by a pair of white doves and bells. The cake was a gift from the bride's grandparents, Mr. and Mrs. Andrew Holyk of Coleman.

For her daughter's wedding Mrs.

Holyk chose a buttercup yellow coat and dress ensemble, with accessories in white and a carnation corsage.

Mrs. Smith, the groom's mother, wore an attractive simply tailored raspberry red silk dress with matching hat. A corsage of white carnations complemented her ensemble.

The wedding trip was spent at Coeur d'Alene, Idaho, and McBain Lake, B. C. The bride donned a white wool knit suit and matching coat with which she wore brown accessories. Her corsage was yellow carnations.

The happy couple have taken up residence in London, Ont., where the groom is employed.

Guests who travelled a considerable distance to attend the wedding came from Calgary, Los Angeles, Calif., Edmonton, Beaver Lodge, Port Washington, B. C., Burnaby, B. C., and Fernie, B. C.

Forest and Fish

Water doesn't burn. But forests do and when a forest burns it can seriously affect the fish life in nearby streams and small lakes. A clear, cool, even-flowing stream through a green forest can be transformed into a muddy, raging torrent after heavy rains and a dry river bed during time of drought as a result of a forest fire.

If rain falls on a hillside that is bare of trees the water accumulates in small rivulets and rushes down the hillside into the stream below. It carries with it some of the soil from the hills. This soil muddies the water and covers the food that fish need to live. At the same time a great rush of new water into the river or creek causes it to flood. This flooding destroys fish food and fish habitat.

Forests not only help to control the water level, they control the water temperatures of the streams and creeks. This is done by shading the water and also by regulating the amount of water that soaks from the soil into the streams.

Each kind of fish has its own temperature needs. Trout, for example, like cold water while small mouth bass want cool water and large mouth bass want warm water. If the forest is destroyed and there is no reservoir to hold the water and let it trickle slowly into the streams then we find that the flow of the stream becomes greatly reduced. When the stream flows more slowly it becomes heated by the sun and the temperature may become too high for the trout or the small mouth bass. This may cause these fish to die.

It is easy to see then that the forests are as important to your fishing pleasure as the rod which you carry in your hand or the lure that you have in your tackle box.

YOUR MAN IN OTTAWA



QUENTON DURGENS, MP, returned to CBC television Tuesday, Sept. 24, in 17 new color dramas bringing the drama of Canadian politics vividly to life, and again starring Gordon Pinsent (above) as the 'Member for Hampton County'.

TODAY



Nearly 142 fires will strike Canadian homes! WILL ONE OF THEM BE YOURS?

Last year in Canada, fire loss amounted to over 156 million dollars, a debt which all of us must meet through insurance premiums. But WHAT ABOUT THE LOSS IN HUMAN LIFE? 673 in 1967!

Don't YOU be a statistic in 1968. Be on guard all the time.

OCTOBER 6 - 12

FIRE PREVENTION WEEK



PROVINCE OF
ALBERTA

Office of the
Alberta Fire Commissioner

Cash Prizes



COLEMAN LIONS

It's
Fun!

BINGO

IN THE

Coleman Elks' Hall

ON

Wed., Oct. 9th

At 8.00 p.m. sharp

Admission - 14 Games - \$1.00

Bonus Cards 25c

\$100 Jackpot in 75 Nos.

OR LESS

5 Prizes of \$12 and 5 Prizes of \$10

and

\$25.00 Bingo in 6 Numbers or Less

Also EXTRA GAMES according to attendance.

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ALL TYPES CRANE WORK

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CAR WASH

Open 6 a. m. to 9 p. m. Daily

ADULT EVENING CLASSES

Depending on sufficient enrolments, the following evening classes for adults will be offered at the following schools:

- Ceramics—Mr. D. DeCecco, Horace Allen High School.
- Plastics—Mr. I. Bosetti, Isabelle Sellon High School.
(The above classes will be held each week for fifteen weeks with a course fee of \$15.00)
- Physical Education for Ladies—Miss J. Hill, Isabelle Sellon High School.
- Typing—Miss M. Kimoto, Isabelle Sellon High S.
- Linguistics—Mr. J. Gray, Isabelle Sellon High School
- Senior Mathematics—Mr. Eric Price, Isabelle Sellon High School.
- Basic Sewing—Horace Allen High School or Isabelle Sellon High School.
- Music 10 (Choral Music)—Mr. E. Erickson, Horace Allen High School.
- Basic English—Mrs. M. Baldwin, Horace Allen High School.
- Senior English—Mr. J. Rejman, Horace Allen High School.
- Advanced Sewing—Horace Allen High School or Isabelle Sellon High School.
- Survey of New Mathematics for Grade 1 to 6—M. D. McEachern School.
- (The above classes will be held weekly for twenty-two weeks with a course fee of \$20.00.)

We would be pleased to offer any High School Course if there is sufficient interest. Interested adults should apply as soon as possible to the Superintendent of Schools, Mr. W. J. Ede, Blairmore, Alberta.

NOTICE OF POLL

TOWN OF COLEMAN
MUNICIPAL ELECTION ACT 1968

PUBLIC NOTICE is hereby given that Following will take place for the election of

Two Councillors

of the Town of Coleman, on the 16th day of October, 1968, from 10:00 o'clock in the forenoon until 8:00 o'clock in the afternoon at the following place, Coleman Miners Union Hall, and that I will at the Coleman Miners Union Hall located on 2nd Street, on Wednesday, the 16th day of October, at 8:00 o'clock in the afternoon, sum up the votes and declare the result of the election.

Given under my hand at Coleman this 24th day of September, 1968.

CLARENCE F. SCHILE,
Returning Officer.

Attention Mothers!

THE CHINOOK HEALTH UNIT

Will hold a Well-Baby & Pre-School Clinic

ON	AT	IN	FROM
OCT. 1	FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
OCT. 2	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
OCT. 3	CLARESHOLM	Elementary School	1:30-3:30 p.m.
OCT. 3	LUNDBRECK	Anglican Parish Hall	1:30-3:30 p.m.
OCT. 7	STAVELY	Elementary School Home Ec. Room	1:30-3:30 p.m.
OCT. 8	COLEMAN	Miners Hall	10:30-11:30 a.m. & 1:30-3:30 p.m.
OCT. 9	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
OCT. 10	BLAIRMORE	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
OCT. 11	HILLCREST	Credit Union Office	10:30-11:30 a.m.
OCT. 11	BELLEVUE	Town Hall	1:30-3:30 p.m.
OCT. 15	FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
OCT. 16	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
OCT. 17	CLARESHOLM	Elementary School	1:30-3:30 p.m.
OCT. 23	GRANUM	Elementary School	1:30-3:30 p.m.

— FLUORIDE TABLETS AVAILABLE UPON REQUEST —



"The Shaking Palsy"

Parkinsonism, or the "shaking palsy", is a condition named after James Parkinson, who first described it in 1817. It is a disturbance in motor function which is characterized chiefly by the slowing of emotional and voluntary movements, muscular stiffness or rigidity and shaking.

The Canadian Medical Association reports that Parkinsonism is a common disease and usually affects people over age 45. It is always progressive, but its rate of progression varies considerably from person to person. The symptoms usually appear on one side of the body and spread to the other as the years pass. Parkinsonism itself does not cause mental disease.

There is no cure for Parkinsonism. The patient should remain active and not spend long periods of time in bed because the disease seems to worsen when the patient is immobile.

Many drugs are available to help those with Parkinsonism. They have the effect of suppressing the tremor and loosening the stiffness. Unfortunately, most of these drugs also have the disturbing side effect of drying the mouth, which is sometimes hard for patients to tolerate.

In recent years surgery has been used to help control Parkinsonism.

The C.M.A. advises that the current operation is called a thalamotomy. This involves the cutting of nerve fibres carrying the "tremor information" and those relating to stiffness. This operation is usually done when the disease is primarily one-sided and the patient is young and otherwise healthy. The operation, like the medication, often controls the disease for some years.

"Grumbling Appendix"

"Grumbling appendix" is not a medical or surgical term. The Canadian Medical Association reports. It is often used by the public to describe a chronic or sub-acute inflammation of the appendix. Such a condition does not call for immediate surgery.

Chronic or sub-acute appendicitis, however, can in time progress to the acute stage. When it does, it is accompanied by a sudden increase in abdominal pain, very often with nausea and vomiting. The patient may become acutely ill within a few hours. Early diagnosis and immediate surgery is the rule.

If an appendix can be said to grumble, it may in time, like a volcano, come to the point of eruption. The C.M.A. says this must be avoided at all costs.

The Homemaker



(Miss Eileen Sullivan, District Home Economist, Box 40, Claresholm, Alberta. Phone 235-3442. Cardston, Phone 653-5462. Pincher Creek, phone 627-3130 or 627-4022)

WHAT WENT WRONG?

Making jelly is fun but it involves a lot of work. Nothing is more frustrating than making a batch of jelly — and getting a sticky kitchen in the process — and then having jelly that doesn't turn out. Perhaps the following might solve some of your questions. Why don't you clip this out and stick it in your jam and jelly recipe book for future reference?

- 1-Jelly Did Not Set — just a thick, sticky mixture. This may be due to too much sugar, not enough acid in fruit, not enough pectin in fruit, long slow cooking or over-ripe fruit.
- 2-Weak Jelly — Probably was not cooked long enough, did not have enough pectin in fruit, too much water was added or too much acid in fruit.
- 3-Tough, Rubbery Jelly — from over-cooking, from too much pectin or from not enough sugar.
- 4-Sugar Crystals in Jelly—could mean too much sugar, undissolved sugar on sides of bottle, result of over-cooking or not enough acid in fruit.
- 5-Cloudy Jelly — as a result of squeezing the jelly bag, cooling before spilling into jars, jars not hot.
- 6-Proth in Jelly — jars not hot, cooled before spilling into the jars, use of "waxy" fruits such

as cranberries and gooseberries.

7-Red Jellies Turning Brown — due to over-cooking, stored in too much light, temperature of store-room too warm.

8-Fermented Jelly — because the jelly glasses not well sterilized, jelly stored in a warm, damp place, improperly sealed.

9-Mold on Jelly — a result of a damp storage room, improper seal, jelly glasses not well sterilized.

10-Crystals in Grape Jelly—the grapes too ripe, juice not allowed to stand overnight in a cold place so sediment settled to the bottom, sediment stirred up when juice poured off.

These problems can usually be prevented by:

- 1-Choosing fruits with adequate pectin and acid—or by adding pectin or acid to fruits lacking in either.
- 2-Using some under-ripe fruit because pectin and acid content decrease as fruit ripens.
- 3-Testing for pectin content (a cold test) — Note: POISON—wash utensils — keep separate.
- 4-Cooking to "Sheeting off test."
- 5-Boiling rapidly in small quantities. Long boiling causes loss of flavor and destroys jelly power of pectin.
- 6-Storing in dark, dry, cool place.

Christmas deadlines for overseas mail set by Post Office

The Canada Post Office announces that foreign postal administrations have now submitted all Christmas deadline dates for surface mailings.

These require that letters and parcels should be posted as follows to ensure delivery by Christmas time:

(first date, letters; second date, parcels)

Britain—Nov. 28, Nov. 11.
European Continent — Nov. 15, Oct. 22.

Republic of South Africa — Oct. 29, Oct. 21.

India and Pakistan — Oct. 12, Oct. 9.

Other Trans-Atlantic Places — Oct. 12, Oct. 7.

Antigua, Bahamas, Barbados and Bermuda — Nov. 18, Nov. 11.

Jamaica — Nov. 25, Nov. 11.

Trinidad — Nov. 22, Nov. 15.

Central, South America and Other Places in West Indies — Nov. 12, Nov. 4.

Australia and New Zealand — Nov. 1, Oct. 24.

Japan and Hong Kong — Nov. 9, Nov. 1.

Other Trans-Pacific Places — Oct. 11, Oct. 3.

At the same time the Canada Post Office took the opportunity to announce surface mailing deadlines for the Canadian Armed Forces overseas.

Servicemen will receive their Christmas mail in time if it is posted on or before the following dates:

Britain — Dec. 7, Nov. 28.
European Continent — Dec. 7,

Nov. 28.
Cyprus — Dec. 7, Nov. 28.
Ghana — Oct. 26, Oct. 22.
India and Pakistan — Oct. 12, Oct. 7.
Palestine — Oct. 12, Oct. 7.
Indo-China and Tanzania — Oct. 12, Oct. 7.

Legal Notice

NOTICE TO CREDITORS AND CLAIMANTS

IN THE ESTATE OF GIOVANNI BATTISTA LESCHIUTTA, late of the Town of Blairmore, in the Province of Alberta, who died on the 25th day of July, A.D. 1968.

TAKE NOTICE that all persons having claims upon the estate of the above named must file with Messrs. MASON, LAMARSH & KRYCZKA, by the 21st day of October, A.D., 1968, a full statement of their claims and of securities held by them.

MASON, LAMARSH & KRYCZKA,
Barriers and Solicitors,
No. 101, 627 Sixth Avenue, S.W.,
Calgary 1, Alberta.

In Memoriam

KOVACH — In loving memory of my dear husband-father TIBOR KOVACH, who passed away October 2, 1968.

He is gone but not forgotten. And, as dawn another year, in our lonely hours of thinking, Thoughts of him are always near.

Days of sadness will come o'er us,
Many think the wound is healed
But they little know the sorrow,
That lies in the heart concealed.

Ever remembered and sadly missed by his wife Annie, daughter Cecilia and son-in-law Laurent.

To Whom It May Concern:

I wish to make it known that I will no longer be responsible for any debts incurred by my wife.

Mr. Chester Friesen,
Coleman.

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Western Made for Western Trade

The Coleman Journal

CANADIAN RADIO-TELEVISION COMMISSION

OTTAWA, CANADA

The Canadian Radio-Television Commission, at its Public Hearing commencing October 22, 1968 in the Ballroom of the Regina Inn, Regina, Sask., will consider the renewal of the broadcasting licence for station CBXC, Coleman, Alberta.

Persons wishing to comment upon the operation of the above noted station or oppose the renewal of the licence must do so, in writing, to the Secretary, Canadian Radio-Television Commission, 48 Rideau Street, Ottawa, on or before October 10, 1968. Documents must be submitted in twenty (20) copies to be accepted.

If it is the intention to appear before the Commission, the names of those appearing must be filed by October 15, 1968.

F. K. Foster,
Secretary.



Attend Church

ST. PAUL'S United Church

Morning Service—10 a.m.
Sunday School—11:15 a.m.
You are All Welcome.

ST. ALBAN'S CHURCH COLEMAN

10:00 a.m. Each Sunday.
You are All Welcome.

COLEMAN CHRISTIAN ASSEMBLY

Family Bible Hour — 11:00 a.m.
Lord's Supper — 12:30 p.m.
Evening Service — 7:00 p.m.
Holding Fast the Faithful Word — Titus 1:9.
Holding Forth the Word of Life — Philippians 2:16.

JEHOVAH'S WITNESSES

Coleman
Meetings at Kingdom Hall
Every Sunday at 10 a.m.
Every Friday at 7 p.m.

LUTHERAN SERVICES

Held in the Anglican Church
7:30 p.m. Each Sunday
Rev. Karl Keller
Phone 627-4276
Pincher Creek.

Coming Events

The C.W.L. will hold a Bazaar and Tea in the Catholic Hall on Saturday, October 19th, from 2:30 to 5:30 p.m.

St. Paul's United Church Women will hold a Pie Social, Home Made Candy and Bake Sale in the Church hall on October 30th from 2 to 4:30 p.m.

St. Paul's United Church Women will hold their annual Fall Bazaar with Bake Table, Fancy Work and Novelty Table in the Church hall on November 16th.

The Anglican Women's Church Christmas Bazaar will be held on Saturday, November 2nd, in the Elks Hall from 2:30 to 5 p.m. Tom 50c. Bake Table. Please donate.

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Personalities IN THE NEWS

Mr. and Mrs. George Modori of Calgary were recent visitors at the home of Mr. and Mrs. Dan Coccione and attended the wedding of Miss Yvonne Coccione.

Mr. and Mrs. Wm Balloch of Lethbridge were in town last week and attended the funeral of the late Mrs. Phyllis Jenkins.

Mrs. Mary Joseph of Vancouver was a recent visitor at the home of her mother-in-law Mrs. Maria Joseph. Accompanying her was her son Laurie and his wife and baby.

Miss Diane Coccione of Calgary was a recent visitor at the home of her parents Mr. and Mrs. Dan Coccione and attended the wedding of her sister Yvonne.

Mr. and Mrs. Wm Mozell of Fernie were in town last week and attended the funeral of the late Mrs. Phyllis Jenkins.

Mrs. Bertha Fisher of Winnipeg, Man. visited her mother Mrs. Gray and her brother Mr. G. Gray.

Mrs. Elsie Russell of Athabasca, B.C. visited her daughter Mrs. Joey Joseph.

Mr. and Mrs. R. H. Best from Ventura, California, USA visited Mrs. A. Easton. Mr. Best was a former employee of the Royal Bank of Canada in Bellevue. He noted a great improvement in conditions in the pass since the time when he resided here.

The storm that hit the district was quite a novelty to them, as they had not seen snow in years, and they thoroughly enjoyed it.

Mr. and Mrs. Gordon Joseph and family and Mr. and Mrs. Donald Joseph all of Calgary, visited at the home of Mrs. Maria Joseph, Sr.

Laurie Williams attending school in Lethbridge, was a recent visitor at the home of his mother Mrs. Louise Williams.

Misses Streles and Carlotta Boulton from Seattle, Wash., have returned home after visiting their grandmother Mrs. Lottie Boulton. While here they motored to Lethbridge accompanied by Mrs. Boulton to spend a day with their uncle and aunt Mr. and Mrs. C. Devine.

Wayne and David Liddell are attending University at Edmonton.

Mrs. A. Westworth has returned after spending a two month holiday with her daughter and son in law at Lethbridge.

Mrs. Audrey Bateman and two sons, Tom and Ross of Bow Island, visited the for mers parents Mr. and Mrs. T. Holstead over the week-end.

Mr. and Mrs. Ed. Ledieu have returned after spending a two month holiday in Nova Scotia and other points in Eastern Canada.

Mr. and Mrs. Walter Badzioch are spending a few days holiday visiting their granddaughter and family at Golden, B.C.

Mr. and Mrs. E. Moore (nee Roberta Phillips) of Vancouver, visited relatives in town this week.

Ron Hleuka, Jimmie Ewing and Ron McCartney, all of Calgary, attended the funeral of the late Mrs. Jenkins last week.

Mr. and Mrs. John Burns of Medicine Hat were in Coleman last week and attended the funeral of the late Mrs. Phyllis Jenkins. While in Coleman they were the visitors of Mr. and Mrs. R. Tiffin.

Mrs. C. Lee of Burnaby, B.C. attended the funeral of the late Mrs. P. Jenkins last week.

Mr. and Mrs. Ken. Blain of Kimberley, B.C. were in town this week visiting relatives and renewing old acquaintances.

Visiting at the home of Mr. and Mrs. John Kobewka for a family gathering over the Labour Day weekend were Mr. and Mrs. Allen Larson of Lethbridge, Mr. and Mrs. Edward Pigeau of Banff, Mrs. Lucille Larson of Raymond and Mr. and Mrs. Mike Kobewka and family of Edmonton. Also attending this family gathering were: Mr. and Mrs. Wm. McGovern of Michel, B.C. and Mr. and Mrs. F. H. Plowman and family of Bellevue. The only family not in attendance was Mr. and Mrs. Nick Kobewka of Dawson Creek, B.C. formerly of Lethbridge.

Mr. and Mrs. Ballany were recent Lethbridge visitors.

Mrs. Olive Smith recently visited her father at Kelowna, B.C., and also visited friends in High River.

Mrs. Enis Halstein was a Lethbridge visitor last week, the guest of Mr. and Mrs. J. Wilson.

Mr. J. Howarth has returned home after spending a holiday at Edmonton and Calgary.

Mrs. A. Ryan of Rocky Mountain House recently visited her brother and family Mr. and Mrs. J. Kilgannon and called on old friends here.

Mr. and Mrs. W. Brown and young son have returned to the Crownsnest Pass after being employed in Carmacks, Northern Alta. They are the guests of their parents Mr. and Mrs. A. Brown, Blairmore and Mr. and Mrs. J. Kilgannon of Coleman.

Mrs. P. Yates has returned from holiday spent in Seattle, Wash. with her daughter and son-in-law Dr. and Mrs. L. Merryweather and son. She also visited old friends in Vancouver.

Mr. and Mrs. Steve Penny recently visited in Nova Scotia and other Eastern cities.

Mr. and Mrs. Ray Domppe and son visited the latter's mother Mrs. H. Anderson. Mr. and Mrs. Domppe recently returned from Germany where Mr. Domppe was stationed with the Royal Canadian Air Force—he has been transferred to a new post at Ottawa, Ont.

Mrs. A. Johnson of Creston, B.C. visited her daughter Mrs. Nina Hurd, she was accompanied by Mrs. Hurd's sister and brother-in-law Mr. and Mrs. A. Barber of Kitimat, B.C.

Yvonne Coccioni Is Bride Of James Aschacher

Holy Ghost Catholic Church of Coleman was the setting for the wedding on September 7th, when Yvonne Helen Coccioni, daughter of Mr. and Mrs. Daniel Coccioni of Coleman, became the bride of James Henry Aschacher, son of Mrs. Betty Aschacher and the late Henry Aschacher of Blairmore.

Rev. W. Krewski officiated at the ceremony. Organist was Mr. Jerry Ryman of Coleman and the soloist was Miss Linda Skrzyzala also of Coleman.

Given in marriage by her father, the bride wore a floor-length gown with empire waist, which featured a pearly bodice and lily-point sleeves. One large satin rose held her bouffant shoulder-length

veil. She carried a bouquet of roses and lily of the valley. Her only jewellery was a gold cross, a gift of the groom.

Maid of honor, Diane Coccioni, and bridesmaid, Gloria Coccioni, both sisters of the bride, were dressed identically in rose organza and lace formal, with matching headpieces, and long white gloves. They carried bouquets of gladioli.

Attending the groom was Rudy Yelik of Blairmore. Ushering the guests were Terry Aschacher and Myron Walsak.

For her daughter's wedding Mrs. Coccioni chose a pink afternoon frock with white accessories. Her corsage was pink roses.

Mrs. Aschacher's ensemble was brown, and her accessories were pink. She also wore a corsage of pink roses.

A reception was held in Cole-

man Catholic hall where approximately 120 guests were in attendance. The head table was centered with a three-tiered cake, topped with a bride and groom ornament.

Mr. Rudy Yelik presided as the master of ceremonies, proposing a toast to the bride, to which the groom very ably responded.

For a honeymoon trip to various United States points, the bride donned a navy and white ensemble with navy accessories. She wore a corsage of pink roses.

The couple will take up residence in Calgary.

Out of town guests were from Calgary, Edmonton, Vancouver, Pincher Creek, Lethbridge, Blairmore, Bellevue, Hillcrest and Burnis.

Wood shrinks and swells only when its moisture content is less than 30 per cent.

Roxy Theatre

Show Times—Monday to Friday, 1 show, 8:00 p.m.
Saturday at 2 p.m., 7 p.m. and 9 p.m.

COMING ATTRACTIONS

Thursday and Friday, October 3 and 4

"Tripple Cross"

Christopher Plummer - Romy Schneider - Adult

Saturday, Monday and Tuesday, October 5, 7 and 8

"Wait Until Dark"

Audrey Hepburn - Alan Arkin - Richard Grenna
Suspense Drama - ADULT

Special Matinee, Sat., Oct. 5, at 2 p.m.

"Up Periscope"

Wednesday, Thursday and Friday, October 9, 10 and 11

"The Last Challenge"

Glyn Ford - Angie Dickson - Cinemascope
FAMILY

Saturday, Monday and Tuesday, October 12, 14 and 15

"LONG DUEL"

Yul Brynner - Trevor Howard

Cinemascope - Adventure Drama - FAMILY

Matinee Sat., Oct. 12, at 2 p.m.

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SUGAR, B.C. 10 lbs. 99c	BUTTER First Grade Pound 69c	Nabob Coffee, Pound 83c	Milk, Carnation 6 Tins \$1.09
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Kookies

McCormicks 3 Packages \$1.00

Bananas

7 lbs. \$1.00

Green and Red

Grapes

2 lbs. 49c

KRAFT DINNER, 7 pkgs. \$1.00

RED ROSE TEA BAGS

Poly Bags, 90's - 89c

NABOB LEMON CHEESE, 24 oz. 49c

MAZOLA OIL, 32 oz. - 99c

PALMOLIVE SOAP

Green Bath, 2 for - 41c

KRAFT CANADIAN CHEESE

Slices, 1 Pound - 75c

Flour--Purity and Five \$1.98
Roses, 25 lbs.

CANNED POP, 10 Tins for \$1.00

Halloween--

Come in and Look Over Our
Halloween Display Now

SO-FRESH MARGARINE

3 Pounds for 85c

Betty Crocker CAKE MIXES

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Mix or Match

SCOTT TOILET TISSUE, 8 Rolls for 99c

SCOTT FACIAL TISSUE, 3 pkgs. 89c

WAX-PAPER REFILLS, 100', 2 rolls 63c

PEACHES or

PEARS, 14 oz.

4 Tins \$1.00

PEAS, CREAM CORN

and CUT GREEN BEANS,

15 oz., 4 Tins for - 75c

HIEZ KETCHUP

11 oz. Bottles, 3 for 83c

SUNLIGHT LIQUID SOAP

Two 32 oz., only \$1.49

SEA-TRADER SHRIMPS

Medium, 2 tins for \$1.19

JAVEX BLEACH, 64 oz. 49c

GARDENSIDE MUSHROOMS

3 Tins for - \$1.00

CAMPBELL'S SOUPS

Tomato or Vegetable 6 Tins for - 89c

Try Maple Leaf Meats that Satisfy

BACON, Sliced, 1 lb. pkg. 85c

BALOGNA, Piece, lb. 43c

LARD, 4 lbs. for - 69c

WIENERS, Visking, 2 lbs. \$1.00

PORK SAUSAGE, Pure, lb. 59c

PORK CHOPS, Lb. 79c

CRYSTAL ICE CREAM, Half Gal. \$1.09